

SAPNA *Connect* SOUTH AUSTRALIAN PERIOPERATIVE NURSI ASSOCIATION

Autumn 2022

2021 showing 2022 around the workplace



(courtesy of Google)

If only we had known what was around the corner.....

The SAPNA committee would like to extend its appreciation to all our wonderful members who have worked over this trying time. Whether you have been sent to other areas to support ward, testing or vaccination staff or been busily working through the madness that presented itself when elective surgery was restricted. We acknowledge this time has presented challenges and heightened anxiety amongst many of you.

Who better understands this than your SAPNA colleagues? We have everything crossed as this goes to print that things are starting to return to some normality. COVID has certainly restricted our ability to provide face to face education sessions that we had planned but we are doing everything we can to ensure this goes ahead ready for our April session. The SAPNA Education Committee is also looking at ways to provide online education to our members.....stay tuned!

In this issue we meet Alicia Cheah one of our new committee members who has taken on the role of Social Media. We finish our spotlight on members from the 2021 conference and remind you to “save the date” for some face-to-face education this year!

SAPNA *Connect*



SOUTH AUSTRALIAN
PERIOPERATIVE NURSI
ASSOCIATION



INTRODUCING: Alicia Cheah – Social Media and Marketing committee member

Life is like a box of chocolates! You never know what you are going to get! The story of my life!

In my previous life I was a Marketing Communications Executive for Siemens Medical in Malaysia before migrating to Adelaide. Prior to that, my background was in event management and public relations.

My nursing career didn't start until much later in life. After migrating to Adelaide, I was initially undecided on what to do until I made the decision to be a Registered Nurse! I went back to university and did my Bachelor of Nursing juggling my time between studying, 2 young children and a toddler. My hard work paid off and was offered a TPPP position at Flinders Medical Centre in the operating theatres culminating in a permanent position in scrub/scout.

In 2018, I had the opportunity to participate and volunteer my services in a medical expedition with a small surgical team to Betun for 8 days. Betun is a small city located in West Timor, Indonesia. As part of the surgical team, I was involved in helping the local medical team of doctors and nurses set up their operating theatres and achieve their accreditation. My role was to exchange information and to assist in sharing best practices on surgical count, team time out and documentation in Australia.

In 2019, through ACORN, I applied and got a full scholarship to pursue my Graduate Diploma in Perioperative Nursing via University of Tasmania adding to my existing collection of 3 Diplomas and 2 degrees. I think I will give my brains some rest time now!

As a registered Nurse in theatres, I have also been the second in charge in ENT clinic and as of last year, I have successfully reclassified. Currently a Clinical Nurse in Operating Theatres, I am involved in the yearly audit cycle for FMC Perioperative services undertaking 3 portfolios

namely on patient consent, surgical site marking and surgical checklist in operating theatres. I am also actively involved in education and working under the guidance of the Advanced Nurse Educator and Perioperative Education ANUM.

I have been a member of SAPNA for 5 years, but I wanted to play a more active role in promoting perioperative nursing in SA as this is a great platform to share ideas and foster new friendship. I look forward to meeting everyone in the next event. Meanwhile stay safe!

MEME OF THE WEEK!





2022 Education sessions:

30th April - see flyer

18th June - TBA

26th August- TBA

7th and 8th October – Country Study Weekend!

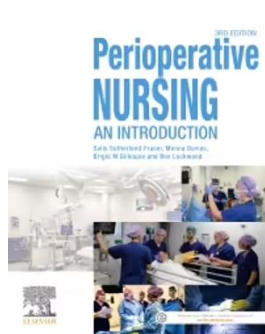


COUNTRY STUDY WEEKEND

Barossa Weintal Hotel
Tanunda, 7-8 October 2022

3rd December – TBA

Attendees attending all Education Sessions will have a chance to win a copy of the new text for Perioperative Nursing!





Saturday April 30th, 2022

VENUE: Calvary Adelaide Hospital – Level 1 -
 Mary Buckskin Auditorium

**** LIMITED SEATING AVAILABLE (47) SO BE QUICK AND BOOK YOUR PLACE****

08:30 – 08.50	Registration
08.50 – 09:00	Welcome: SAPNA President Cathie Hashemi
09:00 – 09:45	Contenance Matters – Dr Ashani Couchman
09:45- 10:30	Urological Surgery – Dr Akbar Ashrafi
10:30 – 11:00	Morning Tea and Trade Demonstration – Craig Wilton Surgical Solutions
11:00 – 11:45	Post Operative Care of the Urology Patient – Olivia Luciano and Emma Kilpatrick CN’s Recovery Calvary North Adelaide Hospital
11:45 - 1200	Questions and Close

Cost:

- FREE to SAPNA members
- Non-Members \$135 includes 12 months membership to SAPNA.
- Not a member? [Join here](#)

CPD:

Certificate of Attendance for 3.5 hours

Catering:

GF and Vegetarian catered for,
 please advise any serious food
 allergies or other dietary
 requirements.

RSVP:

- [RSVP Link](#)



SAPNA WOULD LIKE TO CONGRATULATE LYELL BROUGHAM ON HIS ACORN HONORARY FELLOWSHIP:

Lyell Brougham RN, MNsc, BN (Clinical), Di App Sc, ICU Cert, FACORN (Hon).

Service to perioperative nursing through the demonstration of outstanding skills in education, policy, research and/or management

Lyell has held positions at the Royal Adelaide Hospital for over 35 years as unit manager of the PACU for 29 years and as nurse educator for 9 years. He has also been a clinical lecturer in nursing at Adelaide University.

Lyell completed a Masters in Nursing Science Nursing Practice and Research. His areas of interest include acute pain management, hypothermia, post anaesthesia recovery nursing, clinical research and nursing conceptual clinical frameworks.

He has published and presented within his areas of interest and was a contributory author writing the chapter 'Post Anaesthesia' in *Perioperative Nursing: An Introductory 2008* by Brigid M. Gillespie, Lois Hamlin, Marilyn Richardson-Tench, and Menna Davies.

Service to perioperative nursing at a national and/or international level

Lyell Brougham has been an active member of SAPNA and ACORN for over 20 years from 1997. At SAPNA he had held the position of President on two occasions, Secretary, Treasurer, and Website. Lyell was awarded life membership to SAPNA in 2010 for his passion and dedication to perioperative nursing.

Lyell has been a regular speaker at SAPNA conferences, providing education in the area of his specialty practice perianaesthesia nursing.

Lyell has been a Chairperson of the South Australian Recovery Interest Group.

Lyell served two terms on the ACORN Board in 2002 - 2006 and 2012 – 2014. He was Chair of the Website Committee and undertook a review and revision of the ACORN website in 2012-2014.

Lyell has presented at many ACORN conferences as a talented and knowledgeable speaker. He was a regular session convener at ACORN conferences.

In 2014, when ACORN webinar education commenced Lyell supported this new virtual platform with his understanding of the technology. This involved editing all the presentations so that they were word perfect. Lyell's knowledge as an experienced perioperative nurse was able to prevent any edited information losing its true meaning. Lyell believed that the recorded presentations needed to be a very high quality, because they would likely be paused, re-listened to and played over and over again.

Many of these recordings are still in use today and are a tribute to his committed work for ACORN. For the first five years this was done on a voluntary basis, and in the last few years Lyell was offered a small honorarium.

Service to the wider professional nursing community

Lyell's ongoing education of many nurses who have heard him speak, were under his guidance at the Royal Adelaide hospital and the University of Adelaide have benefited from his wealth of knowledge and his eagerness to impart this to others.

Lyell has been a peer reviewer of the International Journal Evidence Based Healthcare.





The 2022 ACORN International Conference will now be virtual and run over five days throughout next year.

The proposed dates for the single-day conference events are:

26th February – Perioperative fundamentals - **completed**

21st May – Quality and safety

23rd July – Advanced practice nursing

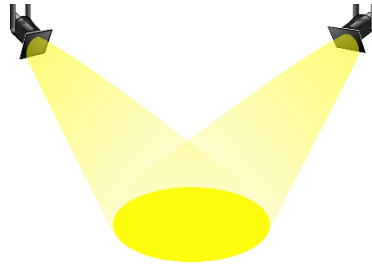
24th September – Leadership and mentoring

26th November – Health and wellbeing.

Please refer to the ACORN website for further details



LOOK OUT FOR OUR NEW AND IMPROVED **SAPNA**
WEBSITE – NOW LIVE



MEMBER SPOTLIGHT

GETTING TO KNOW OUR MEMBERS AND YOUR NETWORK OF COLLEAGUES!

NAME: Sue Hammerling

ROLE: ANUM

WORKPLACE: Lyell McEwin

BEST THING ABOUT PERIOPERATIVE NURSING:

The daily challenges and satisfaction gained from successfully negotiating them.

NAME: Arceli Panlilio

ROLE: Scrub/Scout

WORKPLACE: WCH

BEST THING ABOUT PERIOPERATIVE NURSING:

Challenging!

NAME: Margaret M.

ROLE: RN

WORKPLACE: TQEH

BEST THING ABOUT PERIOPERATIVE NURSING:

Each day is different with the patients.

NAME: Jincy Paulose

ROLE: RN

WORKPLACE: TQEH

BEST THING ABOUT PERIOPERATIVE NURSING:

Saving lives!



Useful Websites

[ACORN](#) is our national body and provides great resources and education opportunities for perioperative nurses.

[Ausmed](#) offers a free online CPD service (courses and documentation) and this can be expanded to unlimited access with a subscription that is tax deductible. A great way to keep all of your documented CPD in one place in case you get audited.

[Ansell](#) has 10 courses accredited by ACORN, available online.

[Medline University](#) has unlimited access to over 200 free continuing education courses for healthcare professionals.

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