

SAPNA



SOUTH AUSTRALIAN
PERIOPERATIVE NURSES
ASSOCIATION

JULY EDITION

MESSAGE FROM SAPNA PRESIDENT



Dear SAPNA members,

Hope you are all keeping warm as the weather heads further into Winter. Thank you to all our members who attended our Saturday education session at Modbury Hospital in May. We had several engaging speakers, and the morning was well attended. Thank you as always to our speakers who give up their time to impart their knowledge.

The committee has been preparing for our next education session Saturday 27th July which will be on the Arthroplasty Journey to be held at the Repat. Those members who are able if you could please put the flyer up in your workplace to spread the word we would be grateful. As members we are all able to be Champions of SAPNA to help spread the word and membership. Don't forget there is an opportunity to go in the draw for a yearly prize when referring a colleague to SAPNA!

Our first Mentoring Program has commenced with some great feedback from Participants. We hope they will share their feedback with us at our Country Study Day in September...see Newsletter for more details!

As always, we do our best to provide you all with information and education that is beneficial to you and always welcome feedback or suggestions to ensure we are meeting your needs.

We look forward to seeing you all during the year and thank you for your ongoing support.

Nikki Rowlands
SAPNA President.

Save The Date- Calendar of Events

27 July – SPF Hall, Repat
Hospital

14 September – Country study
Day @ McCracken Country Club

16 Nov – TBA

28-30 Nov – ACORN 2024
conference in Sydney

SAPNA COACHING & MENTORING PROGRAM

SAPNA's coaching and mentoring program is underway, with 2 of the 3 sessions now completed. The training has been provided by Kerrie Akkermans of PD Training and hosted by Burnside Hospital, Toorak Gardens.

Feedback from participants has been very positive! It's such a valuable opportunity for perioperative nurses from different hospitals to share their experiences and collaborate with each other.

We have delved into the difference between coaching and mentoring and why they matter in the workplace. The coaching approach is useful for skill development and setting short term goals – a beneficial approach for those of us working in busy perioperative departments! The program was heavily subsidised by SAPNA, which gave an opportunity for SAPNA members to access this training at an affordable price.

Would coaching skills be beneficial for you in your professional practice? Here are some of the practice points we have discussed in the group.

- Use stories in coaching. This grounds the information in personal experience and illustrates the impact of the information shared.
- Spend twice as much time listening and half as much time talking.
- Help your junior colleagues to find their own solution before offering one – this builds resourcefulness.
- To help build situational awareness, suggest that your junior colleagues practice scanning the room as part of their regular practice.

And many more insights!

I would encourage everyone who is involved in teaching students, graduate nurses or staff who are new to perioperative nursing to consider using a coaching approach in their work.

Kristin Cheesman
Education Chair



SAPNA Country Study Day 2024



Katrina Webb is one of our Keynote Speaker at our upcoming Country Study Day. She is Australian sporting legend, Paralympic athlete and winner of three Gold Medals.

Katrina Webb OAM is a triple Gold Medal winning Paralympian who turned her disability into one of her greatest strengths.

Katrina is the Foundering Director of Newday Leadership and also the Director of Silver 2 Gold High Performance Solutions.

She has walked the Kokoda Trail, twice trekked to Everest Basecamp and is a Global Ambassador for the International Paralympic Committee.

Katrina Webb's story inspires and motivates, teaching success isn't always the easiest journey and there are often many hurdles along the way.

Come join us! We would love to see you.



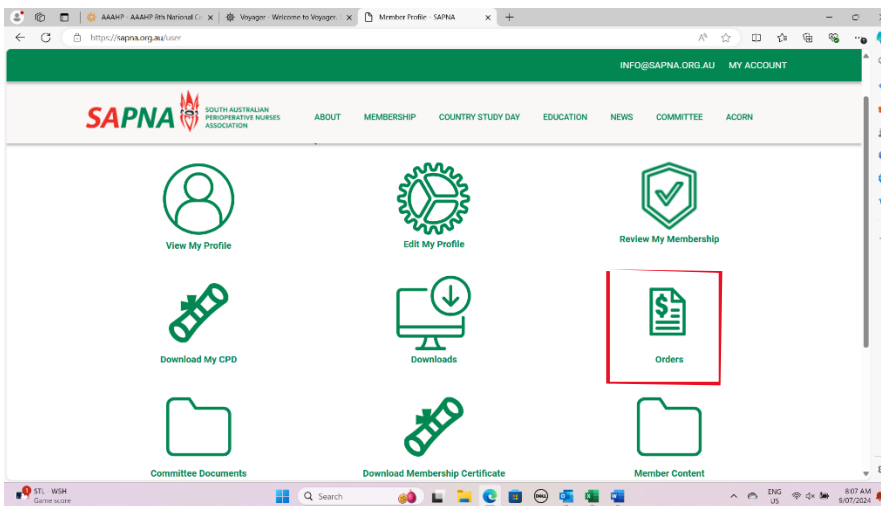
**Registration forms can be found at
www.sapna.org.au**

SAPNA Website

Tax time!

Need to find your receipts for membership and conferences?

All your receipts can be found under the members area once you have logged in to the SAPNA website.



When logged in go to My Account top right and the screen above will come up.

Under Orders is where you will find all your membership receipts and Conference receipts. You can download these and you are ready for your tax return.

Don't forget while you are there to look at our member content for conference presentations as well as your CPD certificates. Changed jobs or address in the last 12 months? Don't forget to update you details under the edit my profile.

Saturday July 27th 2024
0830-1200

VENUE: Repat Health Precinct, SPF Hall
Sponsored by **Smith & Nephew**

Arthroplasty Surgery



SAPNA Education

0830-0845	Registration
0845-0900	Welcome: SAPNA President Nikki Rowlands
0900-0930	Jenifer Monaghan Nurse Consultant- Preparing the patient for Arthroplasty surgery!
0930-1000	Kylie Thomson RN- The Role of the Arthroplasty Instrument Nurse
1000-1030	Morning tea- Trade stand- Smith & Nephew
1030-1115	Dr Michael Henningsen- Evolution in Arthroplasty
1115-1200	Post Operative Complications- Kristin Cheesman

Cost:

- FREE to SAPNA members
- Non-Members \$135 includes 12 months membership to SAPNA.
- Not a member? [Join here](#)

Catering:

GF and Vegetarian catered for, please advise any serious food allergies or other dietary requirements.

**REGISTRATIONS CAN BE FOUND ON
www.sapna.org.au**

2024 Judith Berry Perioperative Excellence Award

Would you like to be the next recipient of our Judith Berry Perioperative Excellence Award? We would like to invite all members to nominate a colleague or self apply for this award. The Judith Berry Perioperative Nurse Excellence Award will be awarded to a perioperative nurse that has demonstrated one or more of the following, relating to the SAPNA tenets:

CARE – Contributed to the advancement of safe patient care and/or Contributed to the advancement of care of a colleague, or the profession.

Vision – Provided a vision for perioperative nursing in their Hospital or unit and/or undertaken research or taken direct action that promotes the vision and image of perioperative nursing.

Excellence – Demonstrated excellence in perioperative practice (Clinical) and/or demonstrated excellence in perioperative practice (Management)

The Award

The Award is a \$500 monetary prize to be used in furtherance of the winner's perioperative career, professional development, study or research including travel costs and personal expenses related to supporting these activities. Nomination forms can be downloaded from the SAPNA website www.sapna.org.au.

You may self-nominate or nominate a worthy colleague. If nominating a perioperative nurse for this award, please ensure you have spoken to the nominee prior to submitting the nomination and have gained their consent.

The nominator must state in writing, in 500 to 1,000 words, details of how the nominated perioperative nurse has demonstrated excellence in perioperative nursing in relation to Care, Vision and Excellence. . Attach your submission and provide supporting evidence (if required) to this nomination form.

Nominations must be received by the SAPNA Secretary by **31th August**. A confirmation of receipt email will be forwarded to both the nominator and nominee.

Nominations will be judged by a SAPNA Awards sub-committee. The winner will be announced at the SAPNA Conference /Country Study events each year.

Thanks everyone who came for our SAPNA education session – The Perioperative Roundup at Modbury Hospital.





SAPNA is proud to have participated in the Sacred Heart College Careers night encouraging our future generations. Thanks to Applied Medical and Intersurgical for assisting with supplies.

