

SAPNA



SOUTH AUSTRALIAN
PERIOPERATIVE NURSES
ASSOCIATION

SUMMER EDITION

MESSAGE FROM SAPNA PRESIDENT



Happy New Year to all our SAPNA members. Welcome to 2024!

We hope you have enjoyed some relaxation time over the Christmas/New Year period and to those that worked – thank you for your valued contribution.

We would like to thank Cathie Hashemi for her dedication and hard work over the last two years as President of SAPNA. Thankfully we see her remain on the committee as Treasurer. We wish to thank Cathy Ebel and Di Hutt as they come off the SAPNA committee for all their hard work and valuable input over the years – we couldn't have done it without you.

Our aim for 2024 is to provide you with more of what you want. We plan to put forward some surveys to ascertain what your needs are and encourage you all to fill these out.

Save the date February 10th for our first Saturday Education session for 2024. We look forward to seeing you there.

Save The Date- Calendar of Events

10 Feb – Valentine's Heart

14 September – Country study
Day @ McCracken Country Club

25 May – TBA

27 July - TBA

16 Nov - TBA

Saturday
February 10th 2024
0830 – 1200

VENUE: Repat Health Precinct, SPF Hall



“Valentine’s Heart”

SAPNA Education

0830 - 0845	Registration	
0845 - 0900	Welcome	
0900 - 0945	Cardiothoracic Surgery – The Perioperative Perspective.	Meghan Allen ANUM and Therese Gordon CSC Flinders Medical Centre Cardiothoracic Theatres
0945 - 1030	Perfusion, ECMO and Organ Retrieval	Dr Annette Mazzone Perfusionist Flinders Medical Centre Cardiothoracic Theatres
1030 - 1100	Morning Tea	
1100 - 1130	Anaesthetic considerations for patients with known cardiac issues	Dr Andrew Thomas, Anaesthetist
1130 - 1200	Discussion & Close	

Cost:

FREE to SAPNA members
Non-Members \$135 includes 12 months membership to SAPNA.
Not a member? [Join here](#)

CPD:

Certificate of Attendance for 3.5 hours

[Venue Map](#)

Catering:

GF and Vegetarian catered for.
Please advise any serious food allergies or other dietary requirements.

RSVP:

[RSVP Link](#) via sapna.org.au

SAPNA EDUCATION SESSION – VALENTINE’S HEART

SAPNA Member Coaching & Mentoring Program 13th April, 15th June, 6th July 2024



The **SAPNA Member Coaching & Mentoring Program** is open to all SAPNA members. The applicant may be a Registered nurse level one (1) or two (2) or Enrolled nurse wanting to further their knowledge and skills in coaching and mentoring.

The Aim of the program

The **SAPNA Member Coaching and Mentoring Program** aims to develop the knowledge and skills to successfully coach and mentor new and developing perioperative nurses building on SAPNA's values of **Care, Vision, and Excellence**.

The Coaching and Mentoring Program

The **SAPNA Member Coaching and Mentoring Program** consists of three half day sessions to be held on 13th April, 15th June and 6th July. Participants need to be available to attend all three sessions.

The workshops are facilitated by Professional Development Training.

A maximum of ten participants will be chosen from the public, private and rural settings. Rural participants will be able to participate online.

SAPNA will pay the majority of the cost of the program with successful applicants required to pay \$250.00 for the program.

Each applicant will be encouraged to identify a mentor in their workplace who will support the applicant in developing and delivering a Coaching and Mentoring Project which forms part of the program.

At completion of the program, successful members will be presented with a certificate of completion.

Successful applicants may be required to present at either a:

- SAPNA Conference
- SAPNA Country Study Weekend or,
- SAPNA Saturday education session

The application form is overleaf or can be downloaded from the SAPNA website www.sapna.org.au.

Applications must be received by the SAPNA Secretary by 1st March 2024. A confirmation of receipt email will be forwarded to the applicant.

Successful applicants will be chosen by members from the SAPNA Committee based on the information presented in their application.

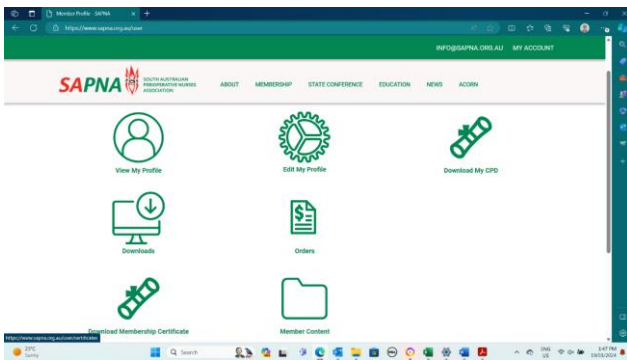


**APPLICATION FORMS CAN BE DOWNLOADED FROM
www.sapna.org.au**

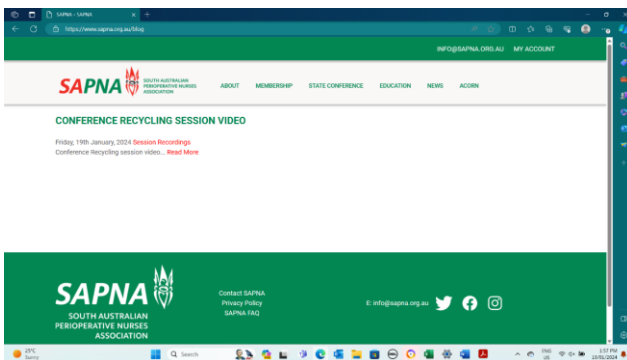
SAPNA Website

We have been working hard behind the scenes to be able to bring to members recordings from the SAPNA State Conference. We are now able to offer members that would like to refresh their knowledge from attending the Session on Sustainability in the Operating Room, presented by Dr Jeremy Duke & Darren Bradbrook.

We will be updating these videos in the coming weeks to include more of the sessions from the State Conference. If you would like to watch this video, you can do this by logging into the SAPNA website and going to the “My account” Page



Then select Member Content



New committee member profile Roshni Pala



Hi, my name is Roshni. I started my nursing career in my early forties. Previously, my profession was in business, in which I had more than 25 years of experience. I graduated from the University of Adelaide in 2016 and later continued to teach as a clinical tutor in the clinical labs. In 2017, I completed my Transition to Professional Practice Programme (TPPP) with Lyell McEwin Hospital and found my passion in intraoperative nursing. In 2018, I joined the Royal Adelaide Hospital and specialised as a cardiothoracic nurse. At that point, I decided to finish my Graduate Diploma in Perioperative Nursing. Currently, my career has brought me to Flinders Medical Centre, where I am expanding my knowledge in other specialties. My goal is to complete my Masters in perioperative nursing. As a scrub/scout nurse, we are not visible to our patients and work behind the scenes. Despite this, advocating for the well-being and safety of our patients plays a vital role during surgery. I joined the South Australian Perioperative Nurses Association (SAPNA) because I wanted to be with like-minded people who like to emphasise and influence a positive attitude towards perioperative nursing. I would like to say that some heroes work behind the scenes and are not visible

New committee member profile Di Apolloni



Di is currently employed at Flinders Medical Centre's Day of Surgery Admission unit as a Clinical Nurse and Senior Leader within the unit. On completion of her training in South Africa (General, Midwifery, Psychiatry & Community Health) and a Diploma In Occupational Health she ventured overseas to the UK, Saudi Arabia and New Zealand to further develop her critical skills and holistic practice. Adelaide is where Di currently resides and she appreciates the opportunities available within the health sector that allow her to combine her passion for excellence in Day Surgery and Peri Operative nursing together with her vision for future environmental sustainability within the discipline of Nursing

2024 brings some changes to our committee.

Your new SAPNA committee consists of:

Nikki Rowlands - President
Fiona Davies – Conference coordinator/Website
Michaela Gardner
Cathie Hashemi - Treasurer
Katie Morgan
Kylie Stopp - SA ACORN Director
Alicia Cheah - Newsletter
Carmel Rogers
Di Apolloni
Alice Brennan
Kaylene Brook
Jane English - Secretary
Nicole Kerkemeyer – Education Chair
Kristin Cheesman – Education Chair
Luke Rowlands – Website/social media
Roshni Pala
Danielle Bicanin – Trade Rep
Suzy Gepp – Trade Rep

**HAPPY NEW YEAR AND WE LOOK FORWARD TO MEETING UP WITH
ALL OUR MEMBERS**