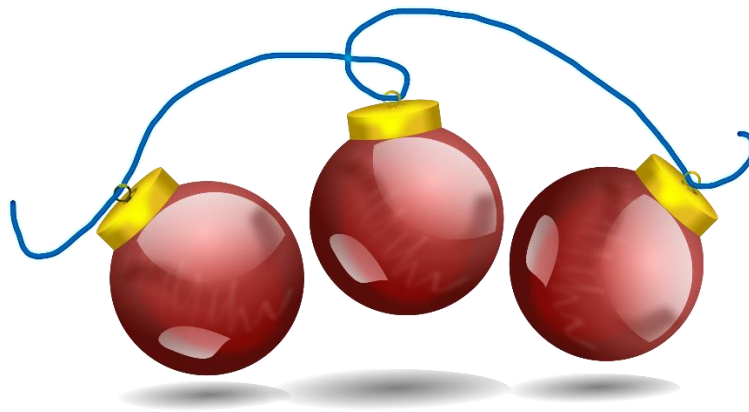


## End of Year Newsletter!



### This issue:

- Saturday morning education session 25<sup>th</sup> November
- Conference roundup!
- Get ready to Mentor!!!!
- Useful Websites
- Perioperative Nurses week





**SAVE THE DATES!**

**Our next Saturday morning education session is November 25<sup>th</sup>!**

What do you get if you cross the AMAZING RACE and a PERIOPERATIVE QUIZ BREAKFAST?

We're not sure either, but if you want to find out, join us for the last SAPNA event for 2023, Come and join your Adelaide OR families, for a morning of fun, laughter and 'serious' perioperative education. Challenges to suit all perioperative areas, from day surgery to recovery and everything in between.

**When?** Saturday November 25<sup>th</sup>, 2023 – Registration and Breakfast from 0800 (session running until 1130)

**Venue:** Royal Adelaide Hospital, 8D rooms 271- 272 Lecture Theatre  
[https://www.rah.sa.gov.au/assets/general-images/Level-8\\_RAH.pdf](https://www.rah.sa.gov.au/assets/general-images/Level-8_RAH.pdf)

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**[Download the flyer for this event here](#)**

**Cost:**

FREE to SAPNA Members

Non-Members \$135 includes 12 months SAPNA Membership

Not a member? [Join here](#)

**Catering:**

Please advise any serious food allergies or other dietary requirements.

**CPD:**

Certificate of Attendance for 3.5 hours

**RSVP:** [RSVP HERE](#)



## CONFERENCE ROUNDUP

A huge thank you to our members, non-members and national guests who attended the 2023 SAPNA Conference “Building on the Best – Power of the Past and Force for the Future”. Our speakers were engaging and informative and we thank them for the time they gave us all.

Feedback from the conference was generally positive – here are some of the things that you said about the event.

- *Great conference, well organised, thanks for all your hard work.*
- *Thank you, great venue, and conference. Well organised, thank you!*
- *Thank you for a great conference 2023, great speakers, well done!*
- *Great selection of topics*
- *Well organised conference, good food provided, thoroughly enjoyed!*
- *Well done SAPNA Committee and Thank you!*
- *Excellent guest speakers.*
- *Fantastic run conference and venue, wonderful speakers*
- *The whole study conference was very informative and interesting, the speakers were all brilliant*
- *Very good presentation of controversial and interesting topics*



There is also some Feedback that we would like to address. We do try very hard to listen to our members and ensure that we provide more of what you want.

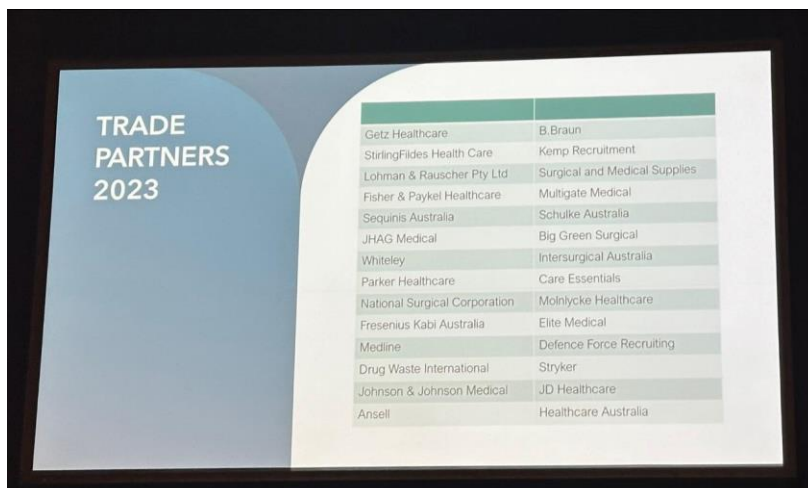
- *'Very SA Health Centric'* – This is acknowledged by the committee and comes about since much of the committee is SA Health employed. We did have several private hospital speakers this year thanks to our Education Chair who is employed in the Private Sector. We are always looking for educational opportunities and information from a wide range of resources so please if you have any ideas, we would love to hear them or better still come and join our committee we would love to have you!
- *'SAPNA to engage with managers to prepare them (give dates etc) so they can staff and ensure maximum representation of SAPNA members and paid study leave'*. Our save the dates are given as soon as we have booked our venue – this is given out via our website, social media and Newsletter. Unfortunately, we understand that not everyone can be guaranteed the time off, but we encourage you to speak with your individual managers as soon as the dates are released.
- *'Somewhere to sit for lunch'* We have heard you and it is now on our radar – our venues are responsible for this so sometimes it is out of our hands, but we will ensure that it is a priority for our future venues.
- *'More time with the trade – reinstate the cocktail party on the Friday night, dinner on the Saturday.'* That is certainly something to consider!
- *'Lunch break was too long'*. We understand that lunch may seem like a long break however this is to ensure that our Trade stalls get adequate time to meet with delegates and answer questions. Our conferences could not go ahead at a reasonable price if it weren't for the support of our Trades therefore, we need to give them the respect of time with Delegates.

**As always thank you for your honest Feedback and support of your association to make it better for everyone.**

There were also several questions asked on our Feedback forms which we have provided answers to:

- 1. What's new in ACORN Standards?** ACORN disseminates information via emails and social media to members re the standards and other business.
- 2. Follow up on Allergy /Alerts talk etc.** Ask your managers for this information as it should be reflected in your own policies and procedures at your hospitals.
- 3. What overseas opportunities are there?** If you are interested in working overseas, then there is plenty of information on the internet for you to access. SAPNA cannot be across all this information.
- 4.** All presenters have had thankyou emails sent to them by the Education committee.
- 5. Tim Brownbridge's presentation on website:** Education committee will follow this up if possible
- 6. Rob Laing presentation:** SAPNA will look to a Paediatric education evening in 2024
- 7. Can nurses participate in EMAC Courses?** Nurses need to be selected to participate.
- 8. Can we repeat EMAC talk?** May be possible.
- 9. Follow up on The Virtual Reality program:** You will need to get in touch with the presenter for progress on this.
- 10. Sustainability dissemination in Private sector:** This is up to each private hospital to find a champion, SAPNA doesn't have a dedicated member for this. The email address for the Green Theatres Network is:  
[GreenTheatresNetworkSA@gmail.com](mailto:GreenTheatresNetworkSA@gmail.com)
- 11. Information in OAK:** yes, this will be done via reports from ICPAN Conference in Amsterdam as well
- 12. Most important things to consider when building new hospital?:** As per presenter at Conference the following are among things to be considered – Communication between all parties including OHS and Environmental Services,

all standards including Biomedical, Consult with all staff Multi D, Plan early to know what you require and Benchmark, Staff education is necessary, Check progress on the way, and final checks when you're done.











**Congratulations to all our SAPNA members  
receiving milestones this year:**

**5 Years**

Margaret Masiyanise

Sue Bunney

Briony Mitchell

Francine Edwards

Anne Butterworth

Jennifer Geisler

Justine Haigh

Vanessa Finlayson

Rachel Short

Sallyann Marsh

Kerri Smallacombe

Catherine Siebert

Emma Watson

Roshni Pala

Natalie Edgecomb

Sharon Otterspoor

Rachel McGuire

**10 Years**

Van Tran

Anthony Malcolm

Lucy Fennell

Rachel Axon

Lynne Rayner

Simone Aubrey

Patricia Harper

Bruno Zueger

Kasey Irwin

Therese Murtagh

**15 Years**

Cyndy Hosken

Yvette Rogers

Carina Mathiasen

Cassi Jamieson

Kathleen Williams

Josephine Luke

Lynda Wright

Steven Bruni

Lisa Jones

Therese McDowell

Jillian Rowe



We are once again offering

The SAPNA Member Coaching and Mentoring Program!

Forms can be found in our SAPNA website: [www.sapna.org.au](http://www.sapna.org.au)

Terms and conditions apply.

As the professional body for perioperative nurses in South Australia, SAPNA is committed to the ongoing development of our profession, and the future recruitment, retention, and professional development of skilled and enthusiastic nurses.

The mentoring relationship is a key area which can help address this goal. By mentoring new nurses, experienced perioperative nurses can help retain them in the profession, reducing the high turnover rates often seen in nursing, by demonstrating that they will have support and guidance as they begin their careers. Mentors can help ease the transition from university to clinical practice.

Mentors can provide guidance on clinical skills, help with decision-making, and provide emotional support during the stressful and challenging early years of nursing practice. For experienced nurses, mentoring can offer opportunities for professional growth and development, as well as a chance to give back to the nursing community. SAPNA invites you to apply to attend a series of workshops, based on SAPNA's values of Care, Vision, and Excellence. With facilitation by a reputable professional development and training consultant, participants will have the opportunity to build their skills as a mentor. With the support of your employer, you will have the opportunity to bring this knowledge into your workplace and may also be offered the opportunity to deliver a presentation at a SAPNA education meeting or conference. Please go to [www.sapna.org.au](http://www.sapna.org.au) to apply.

Don't forget to look on our website for information on Grants to assist with the cost.

## OCTOBER 30<sup>TH</sup> CELEBRATED ORTHOPAEDIC NURSES DAY!



Staff at Noarlunga Hospital were treated to some tasty biscuits and cakes made by one of our talented Orthopaedic nurses.





## Useful Websites

please note apart from ACORN, SAPNA have no affiliation with the online content below.

[ACORN](#) is our national body and provides great resources and education opportunities for perioperative nurses.

[Ausmed](#) offers a free online CPD service (courses and documentation) and this can be expanded to unlimited access with a subscription that is tax deductible. A great way to keep all your documented CPD in one place in case you get audited.

[Ansell](#) has 10 courses accredited by ACORN, available online.

[Medline University](#) has unlimited access to over 200 free continuing education courses for healthcare professionals.

[Periopconcepts:](#) PeriopConcepts was created to make it easier for nurses to grasp the core concepts essential to safe anaesthesia. Using evidence-based teaching techniques, their courses that let you learn quickly and easily, at your own pace, anywhere. (Membership required)

[Perioperative CPD:](#) UK based website with online modules for all areas of Theatre. 100% free for everyone. Run by a small group of ODPs' (operating department practitioners) and designed as an open-access resource for anyone who works in the theatre environment.

*This newsletter contains images provided via Google images.*

*Disclaimer: The content of this SAPNA publication is provided for information only, and while every effort is undertaken to ensure accuracy at the time of printing.*



# *SAPNA* **SAPNA** SOUTH AUSTRALIAN PERIOPERATIVE NURSI ASSOCIATION

## *Connect*

This year Perioperative Nurses Week will be held 13 – 17<sup>th</sup> November. Acorn have released the theme for this year being:

## **HEART**

SAPNA would love to see what you do for Perioperative Nurses Week this year. Send your photos into [info@sapna.org](mailto:info@sapna.org)

**ACORN** AUSTRALIAN COLLEGE OF PERIOPERATIVE NURSES



**GET READY FOR PNW2023!**

**THIS YEAR'S THEME IS H.E.A.R.T**

**H – Happiness (Monday 13 November)**  
At your team huddles, go round the circle and each share something that makes you happy.

**E – Empathy (Tuesday 14 November)**  
Check in on a colleague about their real life (not just their work life).

**A – Ask (Wednesday 15 November)**  
Ask a question to learn something you've always wanted to know.

**R – Rest (Thursday 16 November)**  
Rest your feet in fancy footwear – Fancy footwear day has been a big hit in recent PNWs.

**T – Thank you (Friday 17 November)**  
Make a special effort to thank everyone you've worked with today.

Each day will have a self-care focus with competitions, education and prizes.  
Stay tuned to ACORN socials for updates, competition details and announcement of prize winners.

**NEW DATES 13-17 NOVEMBER 2023**



**From the SAPNA committee to all our members, we wish you a very Merry Christmas and Happy New Year. To members who are working over the festive season – thank you – to those on leave, may you enjoy some down time.**

**We look forward to working with you all in 2024 to bring you education and networking opportunities. Please contact us on [info@sapna.org](mailto:info@sapna.org) or through our Social Media pages if you wish to provide Feedback or share ideas.**

