

# *SAPNA* **SAPNA** *Connect* SOUTH AUSTRALIAN PERIOPERATIVE NURSI ASSOCIATION

**Winter 2022**



Wow what a winter it has been! We hope you have all been keeping well and warm! COVID is the gift that keeps giving, just when we think there may be light at the end of the tunnel – BAM! Here we go again!

SAPNA would like to sincerely thank all its members for their hard work in a challenging environment stretched to its limits. If there was ever a time that highlights the importance of teamwork it is now. We hope that some of the self-care and wellbeing posts we have put out on social media have been beneficial to you.

We have some exciting education opportunities coming up in the second half of the year that we hope you will enjoy. It has been wonderful to have our face to face education sessions back this year and these have been well supported by our members.

# SAPNA *Connect*

**SOUTH AUSTRALIAN  
PERIOPERATIVE NURSI  
ASSOCIATION**

**This month we introduce you to SAPNA committee member and member of the  
ACORN board**

## Kylie Stopp

Kylie has held a number of nursing and management positions within the healthcare environment in New South Wales, Victoria and her home state, South Australia. Kylie is passionate about the role of ACORN's governance, guidance, and accountability within the perioperative setting and how it allows a level of both professionalism and leadership. It is Kylie's mission is to work collaboratively with both SAPNA and ACORN to ensure that they become the first point of reference for all nursing staff wanting to pursue long term careers within the perioperative sector and on all levels of registration but with particular relevance given to the Enrolled Nurse.

Kylie's association with ACORN began in 2020 when she was selected to be a part of the Professional Workstream Team - Professional Standards Road Map Project. Kylie has over the last 21 years, strived for continual personal and professional development including holding Cert III (Health) in both Operating Theatre Services and Sterilisation Services, Cert IV (Health) Nursing, an Associate Diploma in Accounting and a Diploma of Business Management (Medical). She has also completed a range of clinically relevant qualifications within her role as an Anaesthetic Nurse within the Calvary Health Care group and hopes to build on this foundation in the future.



# WORD FIND

## WINTER

U	H	L	E	F	O	O	T	B	A	L	L	W	A
C	G	E	T	A	L	O	C	O	H	C	T	O	H
A	E	O	B	O	N	W	C	I	S	C	A	R	F
N	D	B	A	L	I	N	N	C	F	O	O	M	O
D	T	P	E	N	O	E	A	O	S	R	C	R	G
L	O	S	T	O	R	M	R	L	N	E	I	L	R
E	U	E	A	C	L	S	O	D	F	R	M	S	H
S	R	F	O	R	G	T	O	L	L	R	C	F	L
N	L	A	C	A	D	L	E	O	T	R	O	L	P
E	O	A	T	I	E	R	O	F	C	E	W	S	R
R	U	S	J	N	I	H	N	V	H	A	I	L	T
O	J	O	E	F	E	I	N	A	E	B	N	F	T
W	G	U	M	B	O	O	T	S	D	S	D	O	R
M	S	P	B	A	L	C	J	U	M	P	E	R	A

STORM  
RAIN  
COAT  
COLD  
SCARF  
WIND  
FROST  
CANDLES  
GUMBOOTS  
FOOTBALL  
WINTER  
HAIL  
FIRE  
GLOVES  
BEANIE  
SOUP  
HOTCHOCOLATE  
JUMPER

Play this puzzle online at : <https://thewordsearch.com/puzzle/3885663/>



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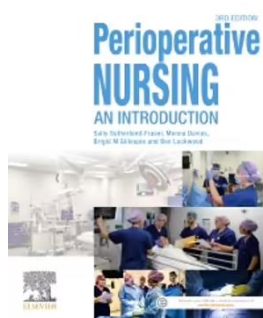
## 2022 Education sessions:

**SATURDAY 27<sup>th</sup> August**- *Day Surgery -It's all little stuff – Right??* – Venue:  
CALVARY NORTH ADELAIDE (see flyer next page)

**7<sup>th</sup> and 8<sup>th</sup> October** – Country Study Weekend! Barossa Weintal Hotel  
Tanunda. Registrations opening soon at [www.sapna.org.au](http://www.sapna.org.au)

**SATURDAY 3<sup>RD</sup> DECEMBER** – TBA Christmas celebration

**Attendees will have a chance to win a copy of the new text for  
Perioperative Nursing!**



**CONGRATULATIONS TO OUR JULY EDUCATION SESSION WINNER:**

**KELLY KEATING FROM CALVARY NORTH ADELAIDE**

**Venue:** Calvary North Adelaide Hospital  
 Strangeways Terrace  
 North Adelaide SA 5006  
 Day surgery Suite. *Please enter via front entrance and follow signs*

**Day Surgery - It's All Little Stuff -Right??**

08:30 - 08:50	Registration
08:50 – 09:00	Welcome: SAPNA President Cathie Hashemi
09:00 – 09:40	<b>“Day Surgery – It’s all Little Stuff – Right??”</b> Day Surgery Staff CNAH
09:40 – 10:20	<b>ERCP’s and EUS</b> Dr Nam Nguyen Interventional Endoscopist/ Pancreatico-biliary Specialist
10:20 – 11:00	Morning Tea - <i>Sponsored by Defries</i>
11:00 – 11:40	<b>Tops and Tails – Endoscopy and Colonoscopy</b> Dr Nick Rieger Colorectal Surgeon
11:40- 11:50	Thank you & Session Close Cathie Hashemi

**Cost:**

FREE to SAPNA Members  
 Non-Members \$135 includes 12 months SAPNA Membership  
 Not a member? [Join here](#)

**Catering:**

Please advise any serious food allergies or other dietary requirements.

**CPD:**

Certificate of Attendance for 3 hours

**RSVP:** [RSVP HERE](#)

# **2022 Judith Berry Perioperative Excellence Award – Applications open now – closing date extended to 31 August**

The SAPNA Committee invites all members to nominate a colleague or self apply for the 2022 Judith Berry Perioperative Excellence Award.

The nomination form can be [downloaded here](#)

The Judith Berry Perioperative Nurse Excellence Award will be awarded to a perioperative nurse that has demonstrated one or more of the following, relating to the SAPNA tenets of Care, Vision, Excellence:

## **Care**

- ✓ contributed to the advancement of safe patient care; and/or
- ✓ contributed to the advancement of care of a colleague, or the profession.

## **Vision**

- ✓ provided a vision for perioperative nursing in their Hospital or unit; and/or
- ✓ undertaken research, or taken direct action that promotes the vision and image of perioperative nursing.

## **Excellence**

- ✓ demonstrated excellence in perioperative practice (Clinical); and/or
- ✓ demonstrated excellence in perioperative practice (Management).

## **The Award**

The Award is a \$500 monetary prize to be used in furtherance of the winner's perioperative career, professional development, study or research including travel costs and personal expenses related to supporting these activities.

### **Nominations**

The nomination form can be downloaded from the SAPNA website

[www.sapna.org.au](http://www.sapna.org.au).

You may self-nominate or nominate a worthy colleague. If nominating a perioperative nurse for this award, please ensure you have spoken to the nominee prior to submitting the nomination and have gained their consent. The nominator must state in writing, in 500 to 1,000 words, details of how the nominated perioperative nurse has demonstrated excellence in perioperative nursing in relation to Care, Vision and Excellence. . Attach your submission and provide supporting evidence (if required) to this nomination form.

Nominations must be received by the SAPNA Secretary by 31st August. A confirmation of receipt email will be forwarded to both the nominator and nominee.

Nominations will be judged by a SAPNA Awards sub-committee. The winner will be announced at the SAPNA State Conference or SAPNA Country Study Weekend each year.





It has been with great sadness that the Day Surgery Nurses Association of South Australia (DSNUSA) has dissolved. SAPNA would like to welcome our new members who have transferred from DSNUSA, we look forward to getting to know you and providing you with a professional association that meets your needs.

The following outlines the agreement that was made between DSNUSA and SAPNA in regards to membership.

### **Agreed terms for our members**

1. SAPNA to take on all DSNUSA members that make contact **within 2 months** by emailing [Secretariat@sapna.org.au](mailto:Secretariat@sapna.org.au) Donated funds will be used to pay their membership for 12 months from that date. Dual members will automatically have 12 months added to their SAPNA membership.
2. A database (first name, last name and email) will be provided to SAPNA Secretariat to allow their confirmation of DSNUSA membership. The database will not be used for any other purpose.
3. Saturday Education sessions are included in membership. Depending on the number of members taking up the offer, they will be able to offer some complimentary or subsidised Country Study Weekend registrations or Conference 2023 registrations depending on funds available
4. Concerted effort should be made to include day surgery specific education, although members do need to speak up on the topics they are interested in. SAPNA are having a Day Surgery focus study day in August and need to have input from Day surgery nurses as to the topics, if they don't get any input they may have to change the topic theme
5. SAPNA welcomes any interest by DSNUSA members to contribute to their events as well as membership to the committee on an ongoing basis or to help with events.

SAPNA Website; <https://www.sapna.org.au/>

SAPNA Contact Email; [Secretariat@sapna.org.au](mailto:Secretariat@sapna.org.au)





## **COUNTRY STUDY WEEKEND**

Barossa Weintal Hotel  
Tanunda, 7-8 October 2022

This year our country study weekend falls at the end of Perioperative Nurses Week 2022! What a wonderful opportunity to get together with colleagues to celebrate and receive some fabulous education at the same time!

Join us for 2 days of Magic, Myths and Mayhem at the picturesque Barossa Weintal Hotel in Tanunda.

Due to COVID restrictions our numbers are capped so don't miss out on this fantastic opportunity.

This year we have 2 full days for you to enjoy with many interesting topics and speakers.

Accommodation can be found on site or close by in Tanunda.

[www.booking.com.au](http://www.booking.com.au)

[www.trivago.com.au](http://www.trivago.com.au)

Watch out for registration and program details. These will be available via email, social media and our website when they are released.

<https://www.sapna.org.au/events>

## **PERIOPERATIVE NURSES WEEK 2022**

ACORN this year are promoting the theme of selfcare.....

As the 2022 year is flying by, it's time to get ready and excited for Perioperative Nurses Week 2022! The past few years have been challenging and unpredictable for our perioperative nursing community. This year, ACORN want to focus on practical, realistic self-care for the perioperative nurse.

### **N.U.R.S.E Selfcare**

**N – Nourish**

**U – Unplug**

**R – Rest**

**S – Soothe**

**E – Educate**

Each day, ACORN will have a self-care focus, with competitions, education, and prizes. Stay tuned to their socials for daily updates, competition details, and announcement of daily prize winners



**WHAT WILL YOU DO TO CELEBRATE THIS YEAR?????**



## Useful Websites

[ACORN](#) is our national body and provides great resources and education opportunities for perioperative nurses.

[Ausmed](#) offers a free online CPD service (courses and documentation) and this can be expanded to unlimited access with a subscription that is tax deductible. A great way to keep all of your documented CPD in one place in case you get audited.

[Ansell](#) has 10 courses accredited by ACORN, available online.

[Medline University](#) has unlimited access to over 200 free continuing education courses for healthcare professionals.

## **Website Update**

Did you know that you can download all your CPD

certificates from the SAPNA website?

Any education sessions that you have attended from 2022 are available to all members when you log into the SAPNA website and go to “My Account”, “My CPD”. You can either download the certificate or send to Ausmed where you can use the Ausmed website to manage all your CPD evaluations and reflections.

*This newsletter contains images provided via Google images*

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